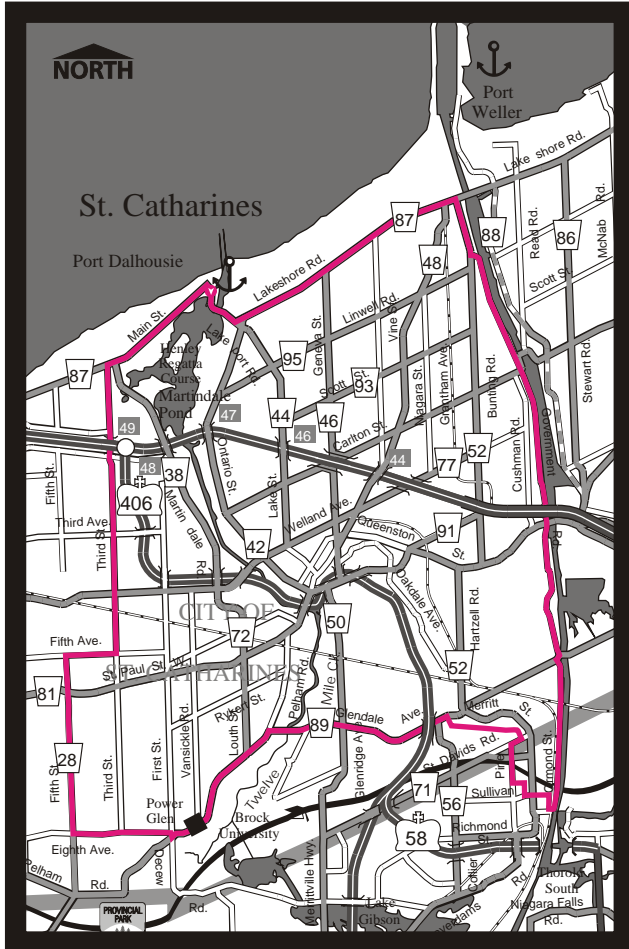


St. Catharines Loop



39 km



The St. Catharines Loop - 39 km

This loop takes you right around the City of St. Catharines and along the Welland Canal into Thorold. As you follow the canal, watch for boats and stop at Lock Three for a good look at the Lock and visit the St. Catharines Historical Museum. Coming down from Thorold on Bradley Street you will be beside the Second Welland Canal, used in the mid-1800's. On the west side of St. Catharines, you will pass close to two wineries and the famous Wiley's Juice factory. You may travel on parts of the Waterfront Trail and the Welland Canals Parkway if you wish. This route stays on roads, but to follow the Waterfront Trail through St. Catharines, follow the signs. Watch for the Welland Canals Parkway Recreational Trail on your left as you follow Government Road from Lakeshore Road to Glendale Avenue. Glendale Road from Mountain Road to Pelham Road is busy, but there are bike lanes almost all of the way.

Mileage	Direction	Description
0.0 km	Begin	Corner of Lock St. & Lakeport Rd.
	Turn left	
0.9 km	Left turn	Lakeshore Rd.
1.7 km	Cross	Lake St.
2.0 km	On left	Waterfront Trail exits left on Simpson
2.7 km	Cross	Geneva St.
3.8 km	Cross	Vine St.
5.1 km	Cross	Niagara St.
5.4 km	Right turn	Bunting Rd.
6.1 km	Left turn	Government Rd.
7.6 km	Cross	Scott St.
8.6 km	Cross	Carlton St.
10.6 km	Cross	Eastchester Ave.
11.4 km	Cross	Queenston St.
12.5 km	On left	Lock 3 Complex
13.7 km	Jog right, then left	Crossing Glendale Ave.
16.5 km	Cross	Peter St. bridge
	Right turn	Chapel St.
16.7 km	Left turn	Clairmont St.
17.1 km	Right turn	Front St.
17.3 km	Left turn	Albert St.
17.5 km	Right turn	Pine St. - CAUTION: railroad tracks
18.0 km	Right turn	St. David's Rd.
18.2 km	Right turn	John St.
18.5 km	Cross	Townline Rd. - John St. becomes Bradley St.
	On right	Now following the earliest Welland Canals
19.0 & 19.4 km	On left	Lock keeper's cottages
19.8 km	Right turn	Mountain St.
20.0 km	Left turn	Glendale Ave.
20.7 km	On right	Pen Centre (shopping mall)
22.0 km	Cross	Glenridge Ave.
23.3 km	Left turn	Pelham Rd.
25.4 km	Cross	Vansickle Rd.
25.9 km	Right turn	1st St. Louth
25.9 km	Left turn	8th Ave. Louth
26.8 km	Cross	3rd St. Louth
27.7 km	Right turn	5th St. Louth
		WINERIES: Henry of Pelham is 1 km left. Hernder Estates is 1 km ahead.
30.2 km	Cross	St. Paul St. (Regional Rd. 81)
30.8 km	Right turn	5th Ave. Louth
31.7 km	Left turn	3rd St. Louth
32.4 km	Cross	Railroad tracks (USE CAUTION)
32.7 km	Cross	4th Ave. Louth
3.7 km	Cross	3rd Ave. Louth
35.2 km	Cross	QEW, South Service Rd. (CAUTION!)
36.7 km	Right turn	Lakeshore Rd. OR straight ahead to follow the Waterfront Trail
39.0 km	Right turn	Lock St.
39.1 km	Close loop	at Lock St. and Lakeport Rd.

Map and route directions created and provided by the Regional Niagara Bicycling Committee and the Niagara Economic & Tourism Corporation (NETCorp)

This map has been put online by

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