

Activity: Bike Police

Target Group: grades kindergarten-2

Recommended Size: 20-60 children

Time Requirement: 15-20 minutes

Supplies Needed: a student with a bicycle and a helmet (optional), checklist and pencil

Space Requirements: a large open space and enough room for all children to see what is taking place (inside or out)

Safety Considerations: make sure that children are operating their bikes properly while indoors

Rules:

1. Each child is given a 'Bike police' checklist. On the checklist will have key elements of safe riding, for example helmet, lights, brakes etc.
2. Children can then use the checklist to inspect another child's bike, and make sure that all necessary items are present, or they can take the checklist home to check their own bikes, or moms and dad's bike.

Learning Outcomes: This will reinforce the necessary parts to have on a safe operating bicycle.



TREKZONE
Eat Right. Be Active.

Niagara Region
PUBLIC HEALTH



Bike Police			
What a bicycle needs for safe riding:			
		Yes	No
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
Comments/ Suggestions: _____			

Bike Police			
What a bicycle needs for safe riding:			
		Yes	No
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
Comments/ Suggestions: _____			

