

Activity: Real or Not Real?

Target Group: Grades 6-8

Recommended Size of group: 20-35 students

Time Requirement: approximately 15 minutes

Supplies Needed: paper and pens/pencils, cycling print resources, desk or writing surface

Space Requirements: a classroom is ideal. With enough space for all the groups to work independently

Safety Considerations:

Rules:

1. Class is divided into two teams
2. Each team is given 5-8 minutes to look through their resources and come up with real and false bike tips and techniques.
3. Teams then provide the other team with two bike tips and techniques and they have to guess which one is the fake one
4. This can also be done with the facilitator providing the two tips or techniques and teams can 'buzz in' to answer.

****Keep count of correct answers and the team with the most points after 5 rounds wins***

Learning Outcomes: This activity will allow students to explore some of the lesser-known bike tips and techniques as they challenge their classmates! It will also reinforce mandatory regulations when riding a bike, such as wearing a helmet!

Sample Tips/ Techniques:

- ◆ When riding with friends it is important to ride side by side in order to stay visible to motorists. **Not Real**
- ◆ A bike must be equipped with a bell or horn, and at least one operating brake (rear or front). **Real**
- ◆ Ride on the wrong side of the road, facing traffic. That way motorist will see you. **Not Real**
- ◆ Wear bright or light coloured reflective clothing at night. **Real**