

Activity: Simon Says

Target Group: grades 1-4

Recommended Size: works well with any size, the more the merrier!

Time Requirement: Game can last 5-10 minutes or until children lose interest

Supplies Needed: Leader with a loud voice

Space Requirements: a large open space so that kids can move freely

Safety Considerations: make sure there is enough space so that there are no collisions, and also do not give directions that could lead to injuries i.e. 'slamming on the brakes'

Description: The leader gives out direction much like 'Simon says', however they are bike safety related actions such as "Simon says make a left turn signal". If children do incorrect actions they are sent to another group led by a second leader. This new group is called 'Bicycle School'.

Rules:

1. Leader begins direction by saying 'Simon says...'
2. If children do Simon's bike actions incorrectly then they are sent to bicycle school, where a second leader will help them to learn.
3. At the end of the game there should be few children left who have not been sent to bicycle school, and those who have been sent to bicycle school, will now graduate

Learning Outcomes: At the end of the game children will become familiar with the important safety rules of biking, and have practised safe 'riding' skills, as well as proper arm signals.



Example:

Simon says...

- ...Ride single file
- ...Make a left turn signal
- ...Make a right turn signal
- ...Alternate right turn signal
- ...Stop signal
- ...Ride in a circle
- ...Ring your bell
- ...Ride over train tracks
- ...Put on your helmet
- ...Put on your brakes
- ...Right shoulder check
- ...Left shoulder check
- ...Have a drink of water
- ...Pedal uphill
- ...Dismount to cross
- ...Turn on your light

