



Bike to Work Week

May 9 – 15, 2005

Great fun!

Great Prizes!

Receive a ballot each day you cycle to work.

**GET FIT...
while getting to work!**

Prizes: \$500.00 certificate for Liberty! Bicycles; Lady's Rally bicycle from Canadian Tire, Montrose Rd; Cycling Wine Tours from Niagara Wine Tours International; Golf shirt from Spirit Wear; Four family memberships from Freewheelers; Gel seat and bicycle lock from Canadian Tire, Glendale; Two bicycle rentals from Zoom Leisure; Dinner for two from Swiss Chalet, Pen Centre; Two helmets from Home Hardware, Hartzel Rd; 100 bicycle bells from Injury Prevention Program, Regional Niagara Public Health Dept., Two tune-ups from Bikefit and more...

Workplace Prize: CanBike course for 10 employees

**For more information
see your Team Captain: _____**

Work location: _____ Telephone: _____

